

KEEP KIDS INCLUDED THIS HALLOWEEN WITH THE TEAL PUMPKIN PROJECT!

The teal pumpkin project is a way to keep food-allergy and food-sensitive children included during Halloween. Teal pumpkins are used for non-food trinkets and toys to hand out instead of food. Below is a list of fun teal pumpkin ideas to consider!

- PENCILS
- ERASERS
- BOUNCY BALLS
- TEMPORARY TATTOOS
- BUBBLES
- STICKERS
- TOPS
- GLOW STICKS
- PLASTIC RINGS
- BEAD NECKLACE
- SILLY STRAWS
- PARTY FAVOR TOYS
- CRAYONS
- MINI STATIONARY
- BOOKMARKS
- MOCHI SQUISH TOYS
- FINGER PUPPETS
- SELF-INKING STAMPS
- MINI SLIME
- SILICONE BRACELET
- VAMPIRE TEETH

In our home, we have a teal pumpkin for non-food items and a separate pumpkin for safe candy. If you want to hand out candy as well, consider candy that is free from the top allergens. Below is a list from Spokin for verified brands. Although they are verified, it's always important to read the ingredient labels before handing out.

- SMARTIES
- AIRHEADS
- RING POP
- SWEDISH FISH
- PEZ
- DOTS
- MIKE & IKE
- SOUR PATCH KIDS
- SAF-T POPS
- JELLY BELLY
- SKITTLES
- STARBURST

Allergy-Friendly Brands

- NO WHEY
- YUMEARTH
- ENJOY LIFE
- MADE GOOD
- FREE2B
- PARTAKE

**Add your home to the Teal Pumpkin Map at
FOODALLERGY.ORG**

