



# 20 NON-FOOD VALENTINE'S IDEAS



Valentine's Day can be a stressful and exclusive event for children with food allergies. To ensure all friends have fun and are included, consider a non-food item to hand out that can bring just as much joy and fun. Below is a list of fun ideas and some fun sayings to use for Valentine's Day!

## Trinket Ideas

- PENCILS
- ERASERS
- BOUNCY BALLS
- TEMPORARY TATTOOS
- BUBBLES
- TOPS
- STICKERS
- GLOW STICKS
- PLASTIC RINGS
- SILLY STRAWS
- PARTY FAVOR TOYS
- CRAYONS
- MINI SLIME
- BOOKMARKS
- MOCHI SQUISH TOYS
- FINGER PUPPETS
- SELF-INKING STAMPS
- SILICONE BRACELET
- PAINTED ROCKS/GEMSTONE
- LEGO BRICKS
- TOY ANIMALS

## Valentine/Friendship Sayings

You BLOW me away! (Bubbles)

I love BUILDING our friendship together! (LEGO bricks)

You've put a STAMP on my heart! (Stamp)

There's no mistaking how much I like you! (Eraser)

You BRIGHTEN my day! (Crayons)

I'm BOUNCING off the walls for you! (Bouncy ball)

You're just WRITE for me! (Pencil)

I'm WILD for you! (Toy animals)

Let's STICK together! (Stickers)

Totally STUCK on you! (Temporary tattoo)

You make me BUBBLE over with joy! (Bubbles)

You LIGHT up my life! (Glow stick)

You are exSTRAW special! (Silly straw)

You A-MAZE me! (Maze puzzle)

You are DINO-mite! (Toy dinos)

You SHINE bright like a diamond! (Plastic ring)

You're number one in my BOOK! (Bookmark)

You ROCK! (Painted rock or gemstone)

You're on the TOP of my list! (Top)

To me Valen-SLIME! (Mini slime)